



# Preparing For Final Exams

## Overview

This workshop shows students how to effectively prepare for final examinations. It presents the different stages of exam prep, from one to two weeks before the final until after the exam is over. Students will learn how to use available, including review sessions, instructors' office hours, and self-tests or sample tests provided in many textbooks. Additionally, students will learn strategies for managing the stress associated with taking final exam.

### Objectives:

#### Students will learn

- The relative importance of the final exam score on their course grade
- The five stages of final exam preparation and strategies for success at each stage
- The importance of using course textbooks to prepare for final exams
- Strategies for reducing the stress that accompanies taking final exam
- Resources that should be used when preparing for final exams

## Presenter



### Dr. Saundra Yancy McGuire

*Louisiana State University*

Dr. Saundra Yancy McGuire is Professor of Chemistry and Assistant Vice Chancellor at Louisiana State University. She is the former director of LSU's Center for Academic Success, the winner of the 2004 National College Learning Center Association (NCLCA) Frank L. Christ Outstanding Learning Center Award. She served as a mentor at the 2011 and 2007 NCLCA Summer Institutes and at the 2006 Winter Institute. Most recently, in 2010, she became one of only seven individuals in the nation to achieve NCLCA's

Level Four Lifetime Learning Center Leadership Certification.

In 2012 Dr. McGuire was elected a fellow of The Council of Learning Assistance and Developmental Education Associations (CLADEA). In 2011 she was named a Fellow of the American Association for the Advancement of Science (AAAS), and in 2010 she was named a Fellow of the American Chemical Society. She received the Presidential Award for Excellence in Science, Mathematics, and Engineering Mentoring in a 2006 White House Oval Office Ceremony.

Dr. McGuire has been teaching chemistry and working in the area of learning support for the past 43 years and has presented her widely praised workshop, Teaching Students How to Learn, at over 150 colleges and universities.